

# Introduction: The Extended Plate & Beam Wall System

August 2016

### SYSTEM OVERVIEW

Extended Plate and Beam (EP&B) is an advanced wall system developed by Home Innovation Research Labs. EP&B provides a high-performing wall at reasonable cost and effort that meets or exceeds the prescriptive insulation requirements of the IECC for all U.S. climate zones.

EP&B is based on tried-and-true lumber construction methodologies, integrating rigid foam sheathing with standard framing practices into a system that preserves many conventional construction features and minimizes builder risk. The Extended Plate and Beam (EP&B) wall system is composed of familiar wall materials but in a different configuration:

- 2x4 studs, with top and bottom plate extensions of 2x6
- Continuous insulation exterior to the wall cavity, interior to the WSP
  - More than 95% of the wall area free of thermal bridging
    - Common methods and materials for framing, air sealing, insulation, drainage plane and siding attachment
      - Double rim board (beam) that is also a header

- The bottom plate is one dimension larger than the studs.
- The top plates are one dimension larger than the studs.
- There is a layer of rigid insulation in the two-inch pocket.

#### **EP&B ADVANTAGES**

The rigid foam layer keeps cavities warmer to improve moisture performance, and keeps wall surfaces warmer to increase comfort

EP&B walls cost an average of \$0.55/
SF LESS than an IECC R-13+10 c.i.
prescriptive wall — that can
translate to \$100's per house

Because the OSB protects the foam layer, EP&B is a good candidate for wall panelization

An EP&B wall can be configured to meet or exceed the prescriptive requirements of every U.S. Climate Zone

Download a PDF of the full-length EP&B Construction guide here: www.homeinnovation.com

#### **EP&B CONSTRUCTION SUMMARY**

EP&B walls cost the same or less than IECC code compliant R-13+10 walls DBL. 2x6 TOP PLATE -2x4 CRIPPLE (TOE NAIL) 2" RIGID FOAM INSULATION 1/2" SINGLE ENGINEERED WOOD HEADER (2nd FL. 5' - 7' WIDE) WINDOW OPENING 2x4 STUDS 2x6 BOTTOM PLATE 7/16" OSB SHEATHING 2" RIGID FOAM INSULATION 7/16" OSB SHEATHING 1" RIGID FOAM INSULATION DBL. 1 1/8" RIM JOIST-(RIM HEADER DESIGN AT OPENINGS BELOW: REQUIRED) **INSTALL FLOOR JOIST HANGERS** DBL, 2x6 TOP PLATE 2x6 DOOR BUCKS (or 2x4 WINDOW BUCKS)

EP&B 2-Story Wall Detail (First Floor Bottom Plate Detail Not Shown)

## **EP&B Connection Schedule** (Use IRC Table R602.3(1) for all other) Note: Staples are Not an Acceptable Substitute for Nails

Connection	Nails	Schedule
Perimeter (edge) of Wood Sheathing	3.5 in. x 0.131 in.	3 in. o.c.
Field of Wood Sheathing	3.5 in. x 0.131 in.	6 in. o.c.
Corner studs in contact with each other	3 in. x 0.131 in.	12 in. o.c.
Corners: WSP from both intersecting walls to a common 2x framing member	2.5 in. x 0.131 in.	6 in. o.c.
Corner studs separated by up to 2 in. of rigid foam, 2 options	5 in. x 0.135 in.	6 in. o.c.
	6 in. x 0.190 in. SIP screws	12 in. o.c.



- 1. Siding
  - iding
- 4. Rigid foam
- 2. Weather Resistive Barrier
- 5. Framing/insulation
- 3. Wood sheathing
- 6. Drywall
- Extended plates provide a 2-in. pocket for rigid foam insulation
- Windows are framed with 2x4's; a 1x6 sill can be added for additional support if desired
- Doors are framed with either 2x4's (typical) or 2x6's (sliders or heavy-duty)
- Structural wood sheathing is attached directly to the extended plates, for shear resistance
- Double rim provides load transfer between floors
- Double rim can act as a header for the openings below (joist hangers required)

Lab tests confirm good structural performance with the double rim located at the exterior plane. *Insetting a double or single rim by 1 in.* allows for an exterior *continuous insulation layer.* A 2 in. inset is allowed if the WSP spans the entire wall/rim assembly, and if the scheduled connection is made at the sill plate.

A *single rim board is not sufficiently strong* to perform the duty of a header. With a single rim, utilize typical headers of solid or manufactured lumber.

Install both wood and foam sheathing *vertically*; align joints with studs and *alternate spacing* so wood and foam joints are not coincident.

*Caulk* between WSP and top and bottom plates for a good first-line-of-defense air seal.

Prescriptive requirements for the EP&B wall system will be submitted for inclusion into building codes soon. The use of the EP&B wall system in a specific project must be approved by the design professional for that project. The specifications for the EP&B wall system provided in this Guide are intended for use consistent with the scope of the International Residential Code (IRC), and are not approved for high-seismic or high-wind areas.